

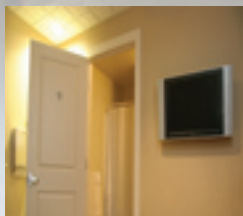
How Do You
SLEEP?

Sleep Medicine
Diagnostics
& Treatment



NorthStar
MEDICAL SPECIALISTS

One In Four
People Have A
Sleeping Disorder.



See a 360° virtual room
tour on our website at
northstarmedicalspecialists.com

Our expert staff and comfortable private rooms make your experience as pleasant and relaxing as possible.

*A NorthStar
Sleep Study Can
Change Your Life.*



**The first step is
identifying the problem.**

Clinical research has identified more than eighty sleeping disorders. Some common symptoms include excessive snoring, breathing problems such as choking or gasping, daytime fatigue, irritability, personality changes, weight problems, and memory or concentration difficulties.



As the area's leading sleep disorder experts, we've helped hundreds of people reclaim their sleep and re-establish healthy lives.

Expert Care



Dr. Webb

NorthStar's sleep disorders center is directed by Dr. Zachary Webb, a board-certified and fellowship-trained sleep specialist. Patients receive expert, comprehensive care from initial diagnosis to treatment and resolution.

Greater Comfort

All sleep studies are conducted in relaxing, private rooms with all the amenities you'd expect at a comfortable hotel. Follow up care and treatment take place at the same convenient location.

Definitive Results

NorthStar's success rate remains considerably higher than other sleep disorder centers because we go beyond diagnosis by providing comprehensive follow up care and treatment.

Common Sleep Disorders

Obstructive Sleep Apnea (OSA)

is periodic obstruction of the upper airway during sleep. Periods of apnea can last 90 seconds or more and may occur several hundred times per night. OSA is the most common medical cause of excessive daytime sleepiness.

Narcolepsy

is characterized by daytime sleepiness and may include disrupted sleep, sleep paralysis, pre-sleep hallucinations, and sudden weakness.

Restless Legs Syndrome / Periodic Limb Movement Disorder

is identified by an uncontrollable urge to move legs when at rest and may be associated with difficulty to describe discomfort in the legs, insomnia, or leg twitches while asleep.

Insomnia

is characterized by difficulty initiating or maintaining sleep. In its chronic form it can last for weeks, months, or even years.

Parasomnia

refers to a wide variety of disruptive, sleep-related events including sleep walking, sleep terrors, nightmares, partial seizures, and even violent behavior during sleep. Severe cases may lead to injury, violence, excessive eating, or disturbance of others in the bed or the house.



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MEDICAL SPECIALISTS

SLEEP DISORDERS CENTER

**MEDICAL & SURGICAL
WEIGHT MANAGEMENT**

PULMONARY REHABILITATION

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We accept both insurance and Medicare